



ABSOLUTE SCOOP

DID YOU KNOW?

Absolute has a Follow Me Home / Discharge Program

- This program can help avoid readmissions and improve quality.



LEVERAGE ABSOLUTE TO HELP MANAGE PHARMACY COSTS

Written by Mary Jo McElyea, Vice President of Sales and Client Retention

Absolute Pharmacy values our customers. We recognize the strain on the industry and continued effects of COVID. This month's scoop is dedicated to showing our customers ways that you can leverage pharmacy (us!) to help manage pharmacy costs. Absolute offers several tools, based on the facility setting, to help you manage your facility costs:

Pharmacy Support and Clinical Resources

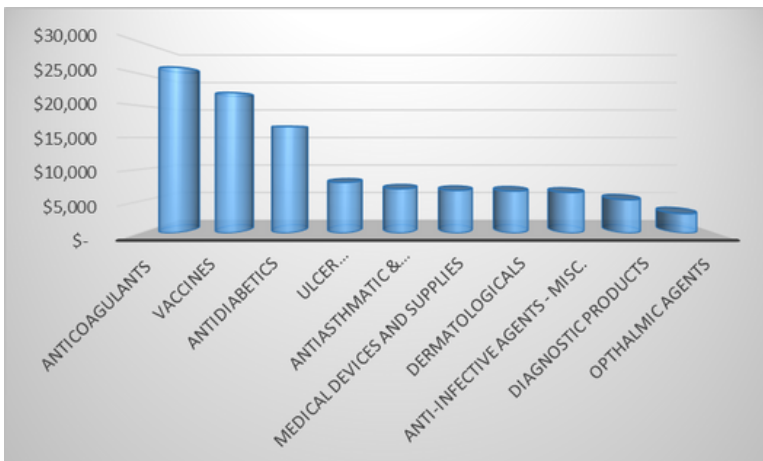
- Absolute Consultant Pharmacists will support the relationship between prescriber, pharmacy and facility. They add value by providing the following services:
 - Scheduled Medication Regimen Reviews, occurring monthly in skilled buildings and often quarterly in assisted livings, to support regulatory compliance and medication optimization.
 - Change of Condition Medication Regimen Reviews, which focus on a specific resident experiencing an acute change in condition to help assess causes and provide targeted recommendations.
 - Initiatives such as sliding scale removal and de-prescribing.
- Account Managers complete facility audits including carts, contingency supply, and med rooms. Results are reported to facility management to help with compliance.
- Admission Medication Reviews (AMR) provide true reconciliation and comparison of the hospital documentation to the medication administration record (MAR). Absolute's pharmacist focuses only on one patient and their medications to discover and resolve problems sooner versus the alternative of your nursing staff adding this to their long list of responsibilities.

High Cost Approval Limits

- Absolute Pharmacy will call for approval for medications over a certain amount per dispense. The approval amount varies and we provide guidance to avoid disruption and multiple calls to the approver.

Business Reviews

- Absolute will meet with you and review the top pharmacy cost drivers specific to your facility. The review will examine your facility's high cost medications, diseases states, and patients and compare them to other facility averages. This can be helpful to identify trends, doctor-prescribing habits, and keep an eye on pharmacy spend.



*Sample Business Review Chart





Technology Solutions

- Absolute supports electronic prescribing and integration of clinical and financial software designed for the long-term care post-acute (LTPAC) setting.
- Facilities can utilize the Access Absolute client portal to view pending medications, obtain price quotes, and view facility invoices.
- Absolute offers packaging with integrated technology through our flexPOD multi-dose product. It streamlines the med pass by providing a significant saving to nursing time and has bar code scanning capabilities for a safer and more efficient med pass. This smart packaging also has an added bonus of saving space in the carts!

Formulary Management

- Absolute's formulary provides clinically sound, alternative agents to produce cost savings. Once in place, Absolute's automatic therapeutic interchange streamlines the process.

Part D Plan Recommendations

- During open enrollment, Absolute's Billing team uses a Part D Plan Optimizer to provide recommendations for our customers with the goal of identifying the best plan clinically and financially for the patients.

Follow Me Home / Discharge Program

- Absolute can provide delivery of maintenance medications to residents at the facility prior to discharge to avoid readmissions and improve quality.
- Absolute provides 14 days supply in compliance packaging, medication reconciliation/review services, follow-up with the patient 7 days post discharge, and will alert facility/home health with any issues detected.

To learn more about any of the items above contact Mary Jo: maryjo.mcelyea@abshealth.com

About the Author



Outside of work, Mary Jo really enjoys being at home with her husband, Ed and two daughters, Julia and Claire.

Mary Jo McElyea (aka Wonder Woman) is the Vice President of Sales and Client Retention at Absolute Pharmacy. Mary Jo joined Absolute Pharmacy in 2014 and has contributed to increasing the number of patients serviced to over 10,000 beds. Mary Jo has professional experience contributing to significant company growth using exceptional communication and building valuable relationships. Mary Jo graduated from Bowling Green State University with a BS in Business and a specialization in Marketing. When not shouting her affection for Absolute Pharmacy, Mary Jo really enjoys being at home with her husband Ed and two daughters, Julia and Claire.

When do you go at red and stop at green?

When you're eating watermelon.



Why do bananas use sunscreen?

Because they peel.